

MO...MOre Life...MOre MOments...MOre for YOURSELF

August 12, 2009



Maureen with Tejal and Dev at their wedding in Houston, Texas (upper left). Maureen with Jennifer and Darren at their wedding in New York City, New York (lower left). Maureen with friends from Greece and New Jersey (right, from left) Marisol, Cole, Yannis, Marissa, Kirk, Kevin, and me.

Commitments

TWBFL

Child United

MoProductions

By Maureen Francisco



Spotlight:

Thanks to [Rich Britton](#) for being TWBFL's photographer.

You saw it here FIRST on Mo's July issue. [Marination Mobile](#) made it in the August issue of GQ. My roommate, Catherine Calleja, is the chef behind the Asian fusion on-the-go food truck.

Wedding nuptials: Dana Braiker and Jacob Croft 9.6.09.



Megan, a friend of mine, and her husband are looking for a baby to adopt. Megan and

Seth are teachers, active in all kinds of outdoor sports and the arts, and enjoy their wonderful kid-friendly neighborhood with their three year old son and black lab. If you know of anyone, please [contact them](#).

Hi friends:

By the time this year is over, I will have gone to five weddings. In July alone, I was fortunate enough to attend two weddings with two different faiths and two unique styles, yet the message was the same: commitment, to love, honor, until death do us part. While I witnessed the vows my friends made, I couldn't help but take a look at the commitments I have made in other aspects of my life from friendships, to health, to goals. As in a marriage, they all require some level of commitment.

On my trip to NYC, I was reminded of those commitments. After I attended my friend Darren's wedding, I saw my friend, Marissa, and her husband who just happened to be flying in from Greece to attend her sister's wedding. Our time was limited, but we managed to squeeze in a few hours to see each other as we were in the same city at the same time. We also met up with friends who were part of our "reporting days" circle. Ironically, the last time we all met up was at Marissa's wedding almost two years ago. Our friendships have now been going on for more than a decade, more than Brad and Jenn. There's no magic formula on how we keep the friendship alive. We work at it.

We are committed to them, and that makes all the difference.

The same can be said about health or goals. Trust me, there are days I want to make excuses to not go to the gym or write, but then I remember the vows I made to myself about wanting to live a healthy life during my meaningful journey. These things are not going to be given to me; I have to put some effort behind them. I'm not married, but I feel like I'm married to those vows where they need attention, commitment, and follow through. Is it time to take a look at your commitments again?

TWBFL: Many of you have asked me if people can attend our flag football games. Ask, and you shall receive! The league has its first live game on August 23rd at Civic Stadium in Bellingham. The league is committed to six games, plus picture taking and autograph signing with the players. The event begins at 11am. Tickets can be purchased on [TWBFL](#).

CHILD UNITED: The non-profit organization has expanded our audience by teaming up with [Entertainers That Care](#). In October, ETC is raising money by having a wrestling tournament with contestants from reality shows like *Brother*, *Survivor*, etc. All the

proceeds go to [Child United](#).

MOPRODUCTIONS: We are putting together a focus group for the horror film [Eyes in the Dark](#) and need candid, raw, feedback. The two dates to review the film are August 22nd and August 25th. [Shoot me an email](#), if you'd like to be part of the focus group.

Secondly, "Full Circle" is going to print next month. As I shared with all of you, it's my memoir. I had no intention of having my most private thoughts be an open book. But, it organically unfolded that way. I know there's no such thing as a safe bet in life, but for some reason I thought it made an exception with me. Let's just say life gave me some pretty bad cards. In my quest to heal, I turned to Oprah, applied to game shows and reality shows, ran marathons, wrote in my journal, and surrounded myself with lots of chicas. Along the journey, I surprisingly found compassion, sorrow, and forgiveness towards those who I least expected. If you'd like to be part of the "Full Circle" journey, [let me know](#).

Until next time, commit yourself to happiness!